

## Lights out Exercise outline

## **Power cuts**

This exercise has been designed to encourage people to think about the impacts of long term power cuts, both in their own homes and with regard to local services. Also the measures they can take to limit the problems they might face. The format lends itself to discussion in three separate groups followed by feedback.

Supporting documents:

- Scenario
- Power Loss Impacts Poster
- Limiting the Impacts Posters 1 and 2

## Suggested format:

Preparation	Arrange to split into three similar sized groups.
Part 1	Consider the scenario and ask the groups to think of as many impacts of power loss as they can, each group concentrating on one of the following areas:
	At home
	<ul> <li>At work OR place of volunteering OR place where club meetings take place</li> </ul>
	The wider community including local services
	Move back into the larger group and take turns to feed back answers, comparing them with the Power Loss Impacts Poster.
Part 2	Staying in the larger group, invite examples of the types of people who would be most affected and might need help.
Part 3	Split out into the original three groups.
	In each group discuss the things people can do to prepare themselves to limit the impacts of a prolonged power cut.
	Feed back to the larger group and compare answers against the Limiting the Impacts Posters 1 and 2.