**Prolonged traffic holdup**

This exercise has been designed to encourage people to think about the real challenges of being caught in a long traffic holdup. Extreme weather conditions can exacerbate those challenges and the discomfort that might be experienced, but good preparations can spare passengers from the worst.

Supporting documents:

* Scenario Poster
* Prepared for a Journey Poster

Suggested format:

|  |  |
| --- | --- |
| Preparation | None. This activity is appropriate for whole group discussion. |
| Part 1 | Ask the group to consider the scenario and suggest the actions they would take with regards to the following:* Information (incoming and outgoing)
* Contacts
* Car
* Personal comfort
 |
| Part 2 | Ask the group to name the items they would hope to be carrying which would make this situation easier to cope with, either:* Stored in the car
* Packed for the journey
 |
| Part 3 | General discussion: How would the answers differ for a cold weather scenario with snow? |

**Gridlock**

**Exercise outline**

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